



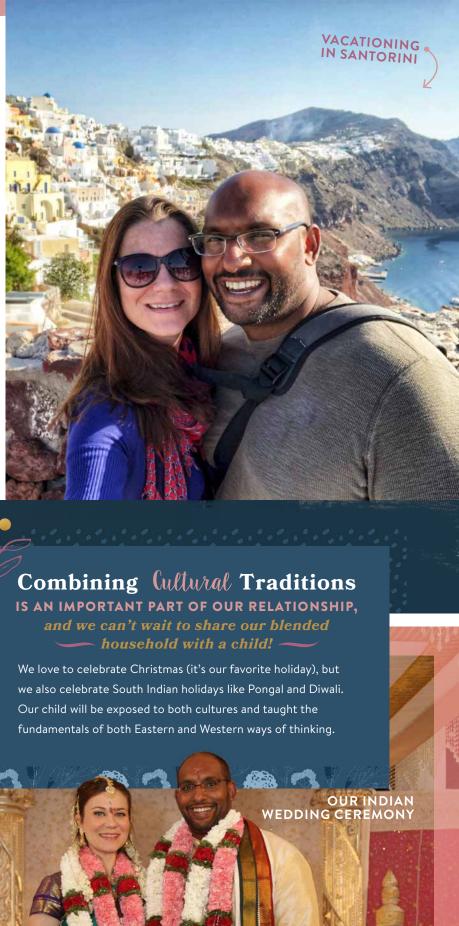
so much for taking the time to get to know us a little better!



Heather Kal:

from Northern New Jersey

We have been together for more than 20 years and are thrilled to be expanding our family through the process of adoption (which is something we've talked about doing since we first started dating in 2001!). We can't wait to be parents, and we are excited to learn more about your hopes and dreams for your child and how we can help make them come true.



## Getting Lo Know Us

We met on campus during frosh week at our university during a "Chubby Bunny" bubblegum competition in 1999!

### It took us a couple of years of being friends to figure out that we actually wanted to be together, but after that we were inseparable.

After knowing each other for nearly 22 years, we are just about as close as two people can be. We started out as best friends, and that has helped create a strong foundation for our marriage. Even after all this time, there is no one we would rather spend time with than each other. We never seem to run out of things to talk about and are always happiest when we are together (even if it's just running errands or cleaning the house).







We always knew that we wanted to have children, whether biologically or through adoption. Adoption was never simply our fallback plan if we were unable to have biological children.

We've been talking about wanting to adopt since we were in college, and can't wait to make our dream a reality!



- NOW TO BE CURIOUS AND HAVE A LOVE OF LEARNING
- WHOW TO COOK AND EAT WELL, AND HOW TO TAKE CARE OF (AND LOVE!) HIS OR HER BODY
- >> HOW TO BE RESILIENT IN
  THE FACE OF ADVERSITY
- TO MOVE THROUGH LIFE WITH LOVE AND KINDNESS TOWARDS ALL PEOPLE AND ANIMALS
- >> TO LOVE READING/
  TRAVEL/OTHER
  CULTURES AND TO
  ALWAYS BE OPEN TO
  NEW ADVENTURES





>> Heather is the brightest light I have ever known; her great eagerness to help anyone and give without the expectation of return is one of the many reasons she is the love of my life.



Her passion, enthusiasm, and zeal for life is instantaneously infectious the first time you meet her, which quickly sways everyone around her to strive to be a better person without any judgment. This is why Heather, over her many years both in and out of the education field, has made such lasting impacts on the lives of so many children and their prosperity. Together we share a bond that grows stronger every day. Each day we strive to keep growing and always have a positive outlook about the future and the impact we can have together on this planet.

## What Makes Heather Happy

- » ANNIE, OUR DOG
- >> SPENDING TIME WITH FRIENDS
- >> WANDERING AROUND NYC
- >> OUR BACKYARD ON A SUNNY DAY
- >> DISCOVERING NEW PLACES TO EAT

# Career

Heather has a passion for healthy living and the positive impact it can have on all our lives. She lives this passion as the owner of a health coaching company where she works with clients to help them manage chronic health issues and feel their best! She also works for a private education company as their manager of educational quality supporting classroom teachers in their work with students who need extra academic support.



BIRTHDAY

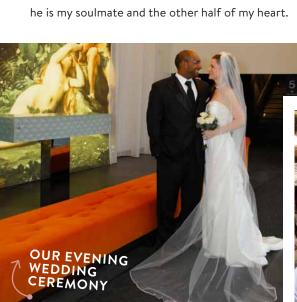
>> Kal is the most thoughtful and generous person I know. He will do anything for his friends or family, and he is fiercely loyal.

ROSVAR OSVAR

Meet

🙎 by Heather 📜

One of my favorite things about Kal is his constant positivity and ability to find the good in any bad situation; he wakes up every morning with a smile on his face and excitement to see where the day's journey will take him. I love to watch him interact with our friends' children and our nieces and nephews; he has an ability to connect with kids in a way that makes them feel loved and safe. He's always up for playing any game, reading any book, or building any Lego tower! There is absolutely no one else I would rather have by my side on this journey through life; he is my soulmate and the other half of my heart.







Kal works in business development for a private company where he manages projects and drives sales growth; he also started his own business a few years ago that helps other companies manage their product testing. His job can be intense, but he loves the pace and energy of the work that he does!

Favorite Animal
>>> ELEPHANT

Favorite Athlete

MICHAEL JORDAN

Favorite Color
>>> PURPLE

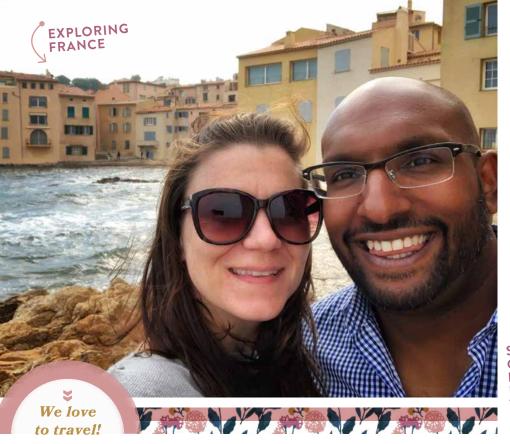
Favorite Vacation
>>> ICELAND

Languages I Speak

>> ENGLISH, FRENCH, TAMIL

Zodiac Sign
>>> TAURUS





We've been all over the world together, and are always looking for new places to visit, both here and abroad. One of our favorite locations is Italy; we've been back several times over the past few years and can't wait to go again! Traveling to Japan is high on our list of next stops, as is India to visit Kal's family. Experiencing as many new cultures and cities as we can is a life goal for us, and it's one we can't wait to share with our child.

Traveling is one of the most important ways to build character and resiliency in children and expand their understanding of the world

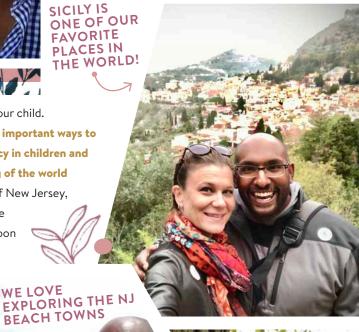
**WE LOVE** 

beyond their small corner of New Jersey, and we fully plan to continue traveling with our child as soon as he/she has a passport!



>> We love to eat and explore new restaurants wherever we go.

Eating healthy is also important to us, and we spend a lot of time shopping and preparing healthy, balanced meals at home. We also believe strongly in the connection between a strong body and a strong mind, and make time throughout the week for workouts, yoga, meditation, and spending time outdoors.



### Home Sweet Home

We Live in a Truly Diverse Town
In Northern NJ WITH EASY ACCESS TO BOTH NYC AND THE SHORE (both of which we visit often!).

We have a small downtown area that has some of the best ice cream and Italian food in New Jersey, and they throw lots of kid-friendly events year-round. Our school system is excellent (which is one of the reasons we choose to live here), and remarkably diverse; our child will be exposed to any number

#### of cultures, races, and religions.

Our house is a 4-bedroom colonial on a quiet street that ends in a cul-de-sac; no one drives into our neighborhood that doesn't already live here. We have a large fenced-in backyard that is perfect for playing sports, throwing big parties, or just sitting and enjoying nature!



>> Kal Kal's family lives in Montreal, and we make trips to see them 6-8 times a year other important occasions. We FaceTime with our nieces and nephew every weekend, and have a WhatsApp group chat where we stay connected by sharing photos, videos, day-to-day events, etc. Maintaining strong family ties is extremely important to both of us, and introducing a new member into our tight-knit families is something we are all incredibly excited to do (especially our nieces and nephew, who can't WAIT for a cousin!)



>>> Heather We see Heather's family several times a week and talk to them every day; both of her parents and brother live within a 7-minute drive of our house. We get together every Sunday for family dinner at one of our houses, during

the week or on Saturday for afternoon tea, and various other times during the week to drop off food, groceries, newspaper or magazine articles, or just for a chat! We vacation together once a year and are actively involved in each other's daily lives.







# Annie is our Rescue Dog, AND THE NEWEST MEMBER OF OUR PACK!

We adopted her 4 years ago at the age of 8, but she doesn't let her age or the fact that she only has one eye and no teeth slow her down! She loves to sunbathe on our deck and chase the squirrels in the backyard (she hasn't quite caught one yet!) and we love her to pieces. She will be fiercely protective and loving of any new addition to our family.



>> WE ARE WHOLLY COMMITTED TO LEAVING THIS WORLD A **BETTER PLACE AND HAVING** A POSITIVE IMPACT ON ITS FUTURE. Our desire to do good in this lifetime will mean that our child is involved in community outreach early on, and taught to be kind and loving towards everyone.

**>> WE VALUE HARD WORK** AND RESILIENCY, and hope to cultivate those qualities in our child.

>> While travel and food are important to us as ways to experiences others' lives and cultures, WE ALSO WANT TO **HELP OUR CHILD DISCOVER** WHAT IS IMPORTANT TO THEM and how they can be the best version of themselves as they grow up.

>> One thing that will never change for us is THE IMPORTANCE **OF FAMILY** and keeping those connections strong as time goes on.

>> Our hope is that our child will embody the core values that we hold dear, while still having ROOM TO BE (AND BECOME!) WHO THEY ARE AS AN INDIVIDUAL.



#### We want to thank you from the bottom of our hearts for taking the time TO LEARN A LITTLE BIT ABOUT US AND CONSIDER US AS ADOPTIVE PARENTS FOR YOUR CHILD.

We are wholly committed to raising a child in the most loving, supportive, and nurturing environment possible, and we believe that the time we have spent together as a couple over the last 20 years has helped to solidify our

relationship and provide an incredibly stable and loving base on which to raise a child. Family is of paramount importance to us, as is travel and education; we are committed to providing our child with the best of all those things!



PLEASE FEEL FREE TO REACH OUT TO US VIA TEXT, CALL, EMAIL, OR THROUGH OUR AGENCY.

A Family Option Adoption Agency Personal Contact

>> INFO@FAMOPT.ORG

**>> 732-936-0770** 

» 973-821-3010

>> HALADOPTS@GMAIL.COM